

KM Life Planning Process

LPP is a strategic planning framework, designed to help ambitious individuals with the process of planning, taking action and personal accountability. It's based on the idea of free-association; the individual writing, thinking and re-writing, with minimal inputs from others.

Why does it exist?

While there are a significant number of frameworks for business planning, very little exists to help people plan their own lives. There's lots of advice in the pages of countless personal development books, but very little makes it off those pages, to become useful in helping you realise your ambition. Nothing suitable existed, so the LPP was developed.

Description

The five primary areas of your life; Mindset, Career, Relationships, Health and Wealth make up the five sides of the pentagon. The detail for each area sits around the outer edge and the timeless themes for your life sit in the triangle at the centre.

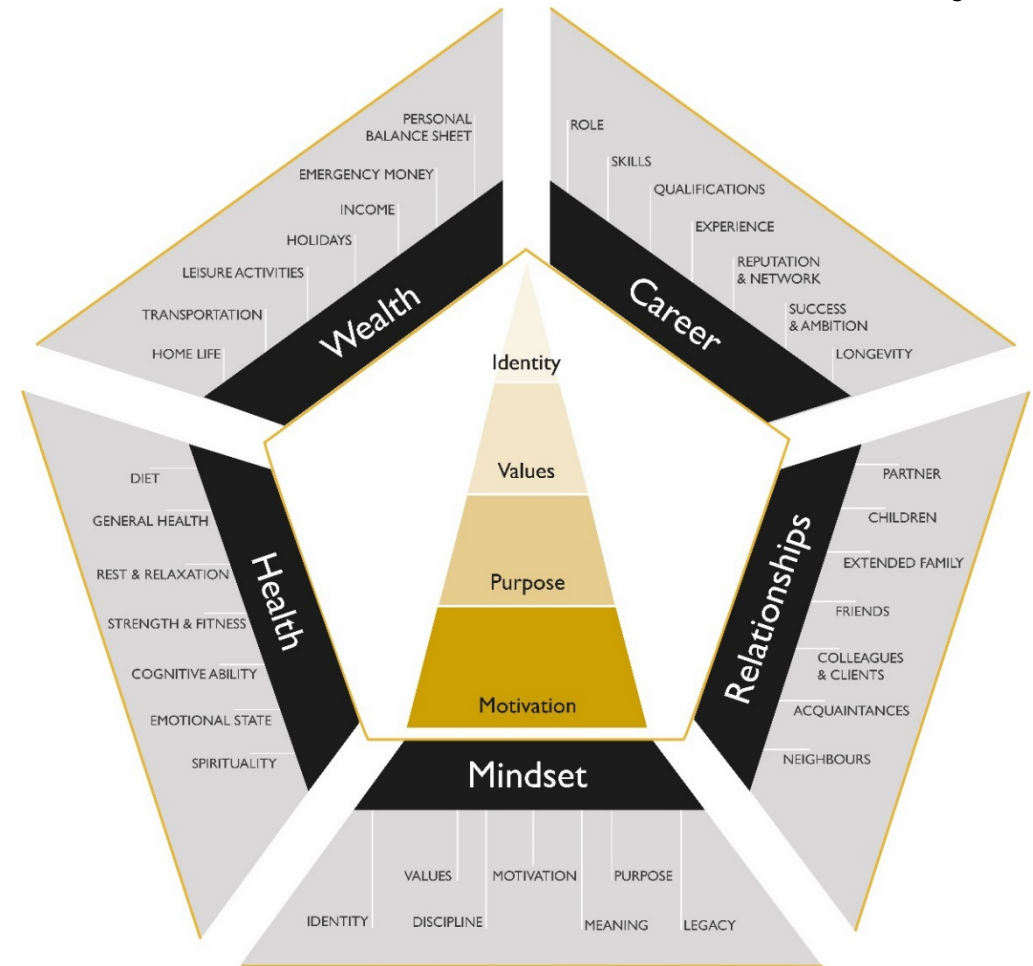
Using the model

While you can create the framework in your own notebook, we recommend downloading and completing the [Personal Vision Sketchbook](#) from the resources section of our website.

To add detail for each area of your life, use the table structure on page three. The table's y axis details all the areas of your life (taken from the outer edges of the model), and the x axis sets out a simple gap analysis structure. Using the framework as a guide, you simply explore and create your plans for each area of your life, before prioritising actions and creating any financial forecasts your plan requires. Summarise the detail in the one-page layout.

Finally, once you've created the functional plans, review the detail in the triangle and adjust as required. You can go on to build out the next levels of detail by mapping out what your next year will look like at a high level, then move to weekly activity planning and finally daily detail. The final body of work represents a carefully considered plan, with goals and action plans.

The LPP was created by Rob Stevenson, founder of Kingmakers. Related tools can be found at www.kingmakersgroup.co.uk



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Area	Description	Current State	Possible Action	Desired State
Identity				
Values				
Discipline				
Motivation				
Meaning				
Purpose				
Legacy				
Role				
Skills				
Qualifications				
Experience				
Reputation & Network				
Success & Ambition				
Longevity				
Partner				
Children				
Extended Family				
Friends				
Colleagues & Clients				
Acquaintances				
Neighbours				
Diet				
General Health				
Rest & Relaxation				
Strength & Fitness				
Cognitive Ability				
Emotional State				
Spirituality				
Home Life				
Transportation				
Leisure Activities				
Holidays				
Income				
Emergency Money				
Balance Sheet				

You can work through this following the x or y axis. Experience has shown that the optimum results come from following the x axis.

1. Agree a description of the area of the firm

2. Discuss and agree a desired future state. This should be a strategic objective, so think of it as a mini-vision and don't get too caught up on the detail at this stage.

3. Discuss and agree the current state for the relevant area of the firm. Ranking current performance from 1 (low) to 10 (high) works well.

4. With the desired and current states agreed, identify the gap and consider the actions and resources required to close the gap.

My plan

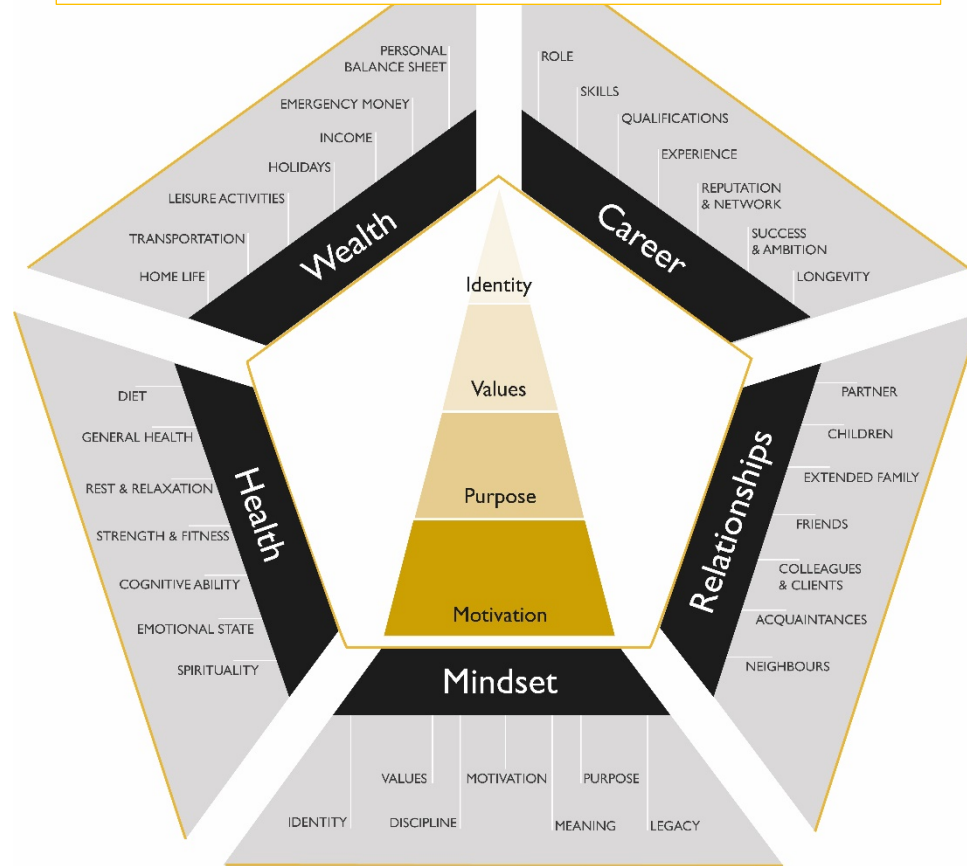
This is a summary of your plan. The detail will be recorded in separate notes, or the Vision Sketchbook if you've used that.

Wealth goals:

Add a summary of your goals here.

Career goals:

Add a summary of your goals here.



Health goals:

Add a summary of your goals here.

Relationship goals:

Add a summary of your goals here.

Mindset goals:

Add a summary of your goals here.
